

THE MANOR AT BIRCH HILL is known for our philosophy of person-centered care and the professionalism and longevity of our nursing staff. Our experienced staff works to provide residents every opportunity to flourish, and to remain as independent as possible.



ASSISTED LIVING

**Studio or
One Bedroom**

- Private suites with private bathrooms and kitchenettes
- Housekeeping services weekly
- Laundry and linen services weekly
- Three delicious chef-prepared meals daily
- Complimentary scheduled transportation to appointments
- Enrichment programs and social activities
- Access to licensed caregivers 24/7
- Assistance with activities of daily living and medication management
- One hour of personal care daily, additional personal care is billed at \$25/hour
- Care Coordination with residents, families and health care providers
- Care Plan Conference every 6 months

NURSING CARE

- Higher level of nursing care than in Assisted Living
- Units closest to the nurse's station for increased oversight
- Availability to have Medical Provider see residents in their apartment
- Care Plan Conference every 90 days
- All the same amenities as Assisted Living, as well as additional services

MEMORY CARE

- Same amenities as in traditional Assisted Living
- Specially trained dementia caregivers
- Only 12 apartments for increased ratio of caregivers to residents
- Electronically monitored security systems
- Memory enhancement activities and exercise programs seven days a week
- Three different levels based on residents' needs

** Birch Hill residents enjoy 30 free respite days per year*

All residents at Birch Hill get a significant discount off market rates

Call LeeAnne, (603) 645-6500 to understand more about healthcare pricing



KEY FACTS

- Union Leader’s Gold Choice winner for Assisted Living communities in the Manchester area for 2015 & 2017
- Deficiency free in Nursing for all state surveys for more than ten years
- Activities include trips, musical events, religious services, crafts, etc.
- High staff-to-resident nursing supervision
- Low staff turn-over rates to give consistency with care

TYPICAL STAFFING RATIOS

The Manor is licensed for 70 Assisted Living Residents and 9 ICF Residents

	7:00 - 3:00 Shift	3:00 -11:00 Shift	11:00 7:00 Shift
1ST FLOOR AL/ICF			
AL Unit 9 / ICF 9			
LNA	3	3*	2
RN / LPN	1	1	1
2ND FLOOR AL			
AL Unit 31			
LNA	3	3*	2
RN / LPN / MNA	2	2	1
MEMORY CARE - AL			
MCC Unit 12			
LNA	2	3*	1
RN / LPN	1	1	1
Activities	1**	1**	

**Third LNA works 4 hour shift*

***Activity staff on MCC split 7:00 - 3:00 and 3:00 - 11:00 shift*